

5 WEEK MEAL PLAN!

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SUN	MON	TUE	WED	THU	FRI	SAT
<u>Greek Spinach Pie</u>	<u>One Pot Lasagna</u>	<u>Broccoli Cheese Soup</u>	<u>Crock Pot Beef Sandwiches</u>	<u>Sour Cream & Noodle Bake</u>	<u>Shrimp & Sausage Skillet</u>	<u>Ravioli with Asparagus & Tomatoes</u>
<u>Potato Cheddar Soup</u>	<u>Ramen Noodle Stir Fry</u>	<u>Sloppy Joe Sandwiches</u>	<u>Taco Soup</u>	<u>Zucchini Lasagna Rolls</u>	<u>Slow Cooker Mexican Carnitas</u>	<u>Southwest Veggie Chili</u>
<u>Pork Tenderloin with Gorgonzola Sauce</u>	<u>Easy Kale Salad</u>	<u>Broccoli & Noodles</u>	<u>Crock Pot Beef</u>	<u>Black Bean Soup</u>	<u>Pizza Pie</u>	<u>Chicken Skewers with Creamy Tumeric Dip</u>
<u>Grilled Pork Chops</u>	<u>Enchilada Pasta Casserole Bake</u>	<u>Mexican Tostadas</u>	<u>Bacon, Egg & Potato Salad</u>	<u>Steak Salad</u>	<u>Fried Eggplant with Pasta</u>	<u>Hummus Avocado Sandwiches</u>
<u>Easy Manicotti</u>	<u>Corn Chowder Soup</u>	<u>Chicken & Strawberry Salad</u>	<u>Mini Quiches With Peas and Bacon</u>	<u>Breakfast Migas</u>	<u>Pub Burger</u>	<u>Grilled Caprese Zucchini Roll-Ups</u>